

Ellen Fitzgerald Senior Center

704-282-4657

May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:00 Aerobics* 9:00-5:00 Ceramics 10:00 Range of Motion* 1:00-3:00 Intermediate Line Dance 1:00-3:00 Pottery 101 3:15-4:00 Drums Alive	2 9:00 Mat Yoga * 9:00-11:00 Ceramics 10:00-1:00 VIP 10:00 Seated Tai Chi * 10:00 Spades 10:00-12:00p Busy Fingers 11:00 2:00 Pottery 12:00-2:00 Beg. Line Dance 12:30 Bridge 1:00 Game Time 3:00-4:00 Outdoor Games	3 9:00 Aerobics* 9:00-1:00 Ceramics 9:00 Veteran's Club 10:00 Range of Motion* 11:00 Chair Volleyball 12:15 Pinochle 1:00-3:00 Dancing 4 Fun	4 9:00 Mat Yoga* 9:00-12:00 Ceramics 9:00 Mail Walk 10:00 Chair Yoga* 10:00 TOPS 11:30 Canasta 12:00-4:00 Pottery 12:00-2:00 Dancing 4 Fun 1:00-2:00 Hand & Foot 2:00-3:00 Senior Singers 6:00-8:00 Evening Dance	5 9:00 Aerobics* 9:00-12 Ceramics 10:00 Range of Motion* 10:00-12:00 Euchre 11:00- Drums Alive SENIOR GAMES CLOSING CEREMONY
8 9:00 Aerobics* 9:00-5:00 Ceramics 10:00 Range of Motion* 1:00-3:00 Intermediate Line Dance 1:00-3:00 Pottery 101 3:15-4:00 Drums Alive	9 9:00 Mat Yoga * 9:00-11:00 Ceramics 10:00 Seated Tai Chi * 10:00 Spades 10:00-12:00p Busy Fingers 11:00 2:00 Pottery 11:00-12:00 Cooking with Chef Jeff- R 12:00-2:00 Beg. Line Dance 12:30 Bridge 1:00 Game Time 3:00-4:00 Outdoor Games	10 9:00 Muffins with the Mayor 9:00-1:00 Ceramics 10:00 Range of Motion* 11:00 Chair Volleyball 12:15 Pinochle 1:00-3:00 Dancing 4 Fun	11 9:00 Mat Yoga* 9:00-12:00 Ceramics 9:00 Mail Walk 10:00 Chair Yoga* 10:00 TOPS 11:30 Canasta 12:00-4:00 Pottery 12:00-2:00 Dancing 4 Fun 1:00-2:00 Hand & Foot 2:00-3:00 Senior Singers	12 9:00 Aerobics* 9:00-12 Ceramics 10:00 Range of Motion* 10:00-12:00 Euchre 11:00- Drums Alive
15 9:00 Aerobics* 9:00-5:00 Ceramics 10:00 Range of Motion* 1:00-3:00 Intermediate Line Dance 1:00-3:00 Pottery 101 2:00 Book Club 3:15-4:00 Drums Alive	16 9:00 Mat Yoga * 9:00-11:00 Ceramics 10:00 Seated Tai Chi * 10:00 Spades 10:00-12:00p Busy Fingers 11:00 2:00 Pottery 12:00-2:00 Beg. Line Dance 12:30 Bridge 1:00 Game Time 3:00-4:00 Outdoor Games	17 9:00 Aerobics* 9:00-1:00 Ceramics 10:00 Range of Motion* 11:00 Chair Volleyball 12:15 Pinochle 1:00-3:00 Dancing 4 Fun 3:00 Ice Cream Social-R	18 9:00 Mat Yoga* 9:00-12:00 Ceramics 9:00 Mail Walk 10:00 Chair Yoga* 10:00 TOPS 11:30 Canasta 12:00-4:00 Pottery 12:00-2:00 Dancing 4 Fun 1:00-2:00 Hand & Foot 2:00-3:00 Senior Singers 6:00-8:00 Evening Dance	19 9:00 Aerobics* 9:00-12 Ceramics 10:00 Range of Motion* 10:00-12:00 Euchre 11:00- Drums Alive
22 9:00 Aerobics* 9:00-5:00 Ceramics 10:00 Range of Motion* 1:00-3:00 Intermediate Line Dance 1:00-3:00 Pottery 101 2:00 Bingo 3:15-4:00 Drums Alive	23 9:00 Mat Yoga * 9:00-11:00 Ceramics 10:00 Seated Tai Chi * 10:00 Spades 10:00-12:00p Busy Fingers 11:00 2:00 Pottery 12:00-2:00 Beg. Line Dance 12:30 Bridge 1:00 Game Time 3:00-4:00 Outdoor Games	24 9:00 Aerobics* 9:00-1:00 Ceramics 10:00 Range of Motion* 11:00 Chair Volleyball 11:30 Ladies Lunch Bunch R S 12:15 Pinochle 1:00-3:00 Dancing 4 Fun	25 9:00 Mat Yoga* 9:00-12:00 Ceramics 9:00 Mail Walk 10:00 Chair Yoga* 10:00 TOPS 11:30 Canasta 12:00-4:00 Pottery 12:00-2:00 Dancing 4 Fun 1:00-2:00 Hand & Foot 2:00-3:00 Senior Singers	26 9:00 Aerobics* 9:00-12 Ceramics 9:30-11:00 Wellness Checks 10:00 Range of Motion* 10:00-12:00 Euchre 11:00- Drums Alive
29  MEMORIAL DAY SENIOR CENTER CLOSED	30 9:00 Mat Yoga * 9:00-11:00 Ceramics 10:00 Seated Tai Chi * 10:00 Spades 10:00-12:00p Busy Fingers 11:00 2:00 Pottery 12:00-2:00 Beg. Line Dance 12:30 Bridge 1:00 Game Time 3:00-4:00 Outdoor Games	31 9:00 Aerobics* 9:00-1:00 Ceramics 10:00 Range of Motion* 11:00 Chair Volleyball 12:15 Pinochle 1:00-3:00 Dancing 4 Fun		\$- Fee R- Registration Required * Class is offered virtually

**327 South Hayne Street
Monroe, NC 28112**