

# Incredible Years™ Parenting Class

## THOMPSON FAMILY EDUCATION SERVICES

### What is our “Incredible Years” course?

It is a parenting program designed to support parents with children ages 3-5 and 6-12.

### **PRESCHOOL PROGRAM**

*(Parents with children ages 3-5)*

Strengthening the parent-child interactions and attachment, reducing harsh discipline and fostering parent's ability to promote children's social, emotional, and language development.

Building school readiness skills—both educational and social.



### **SCHOOL-AGE PROGRAM**

*(Parents with children ages 6-12)*

In addition to strengthening the parent-child interaction from above, parents learn how to monitor children after school, enforce rules, set up routines, help with homework, and learn positive discipline strategies to handle misbehavior.

The programs involve role-play activities, vignettes, motivation-based tools and more.



**THOMPSON**

Strengthening Children, Families & Communities



The Thompson Family Services Center hosts the "Incredible Years" course at their Wendover campus location.

**769 N Wendover Road, Charlotte, NC 28211**

**COURSE INFORMATION:**

- Once a week for 16 weeks
- Each session is two-hours long
- Each session includes a complimentary meal, child care and incentives

**The next course will be held on**

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**To register, call either:**

- 1) Our Family Services Center at 704.376.7180
- 2) Johanna Valencia at 704.376.7180 ext. 168

Cell: 704-996-9520.



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*Funding provided by: Smart Start of Mecklenburg County,  
Mecklenburg County Department of Social Services,  
and The NC Department of Health & Human Services.*